

Gastric Sleeve Cookbook 100 Bariatric Friendly And Healthy Recipes For The Gastric Sleeve Surgery

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February 4th, 2019 - Gastric Sleeve Cookbook 100 Bariatric Friendly and Healthy Recipes for the Gastric Sleeve Surgery Luke Newman on Amazon com FREE shipping on qualifying offers 100 Gastric Sleeve Recipes with an Easy to follow Guide to the Gastric Sleeve Diet This book has been specifically written for people who have decided to undergo a gastric sleeve operation

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Not what you want to hear BARIATRIC NO S

February 15th, 2019 - 5 years post sleeve lost around 140 lbs initially have just recently started to gain back some of the weight It scares me to no end I am glad to have found this support site I know that sugar and carbs are the demon that I deal with I recently lost my husband to Cancer and found "comfort" in eating them

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